

## Tennis

United States Professional Tennis Registry (USPTR) instructor teaches all classes. Bring your own racquet; balls provided. A minimum of four students is required per class. If any class is canceled due to weather, one make-up class will be scheduled. Register at least one week in advance.

\$35 per course

**Beginner:** Learn fundamentals, including basic strokes (forehand, backhand and serve). Rules, scoring and court etiquette covered.

**Advanced Beginner:** Practice hitting the ball where you want it to go! Stroke production emphasized and basic strategy covered.

**Intermediate:** Learn topspin and slice, plus play some doubles. Focus on shot placement and consistency.

**Advanced Intermediate:** Emphasis on clay court tennis, developing strategy, footwork and basic stroke production. Will also cover serve placement.

### L.C. Bird High School Athletic Complex

10301 Courthouse Road Extension

Details: Bill Carlson, 748-1128

#### Beginner Teen (Ages 13-17)

Saturdays, June 19-July 31, 8-9 a.m.

Course #9508

#### Beginner Youth (Ages 8-12)

Saturdays, June 19-July 31, 10:15-11:15 a.m.

Course #9509

#### Advanced Beginner Adult

Saturdays, June 19-July 31, 9-10 a.m.

Course #9504

#### Intermediate Adult

Saturdays, June 19-July 31, 11:15 a.m.-12:15 p.m.

Course #9513

### Midlothian Middle School

13501 Midlothian Turnpike

Details: Bill Carlson, 748-1128

#### Beginner Teen (Ages 13-17)

Tuesdays, June 8-July 13, 6:30-7:30 p.m.

Course #9760

Tuesdays, June 8-July 13, 7:30-8:30 p.m.

Course #9761

Wednesdays, June 9-July 14, 6:30-7:30 p.m.

Course #9769

#### Advanced Beginner Adult

Wednesdays, June 9-July 14, 7:30-8:30 p.m.

Course #9773

#### Intermediate Adult

Thursdays, June 10-July 15, 6:30-7:30 p.m.

Course #9782

## Karate

Learn the fundamentals of Okinawan Shorin Ryu-Style Karate. Classes will emphasize respect, honesty, dedication, motivation and honor. Includes stretching and exercise, blocks, strikes, kicks, sparring drills and self-defense. This coed class is for those 9 years old and older.

Midlothian Middle School, 13501 Midlothian Turnpike

Details: Bill Carlson, 748-1128

#### Beginner:

Mondays and Wednesdays, 6:30-7:30 p.m.

May 10-June 14

\$50 Course #9755

#### Advanced:

Mondays and Wednesdays, 7:30-8:30 p.m.

May 10-June 14

\$50 Course #9756

## The First Tee Chesterfield

The First Tee is located in Daniel Park at Iron Bridge and includes an 18-hole golf course, driving range with practice areas, and three-hole/par-three practice course. The facility provides affordable access to golf for all ages, with a special emphasis on youths. Details: 275-8050



## Family Fairway Frenzy – Adult/Junior Tournament

Enjoy a day of fun at First Tee. This tournament is designed to promote the game of golf among all ages. No experience is necessary. Fee includes cart, range balls, prizes and club rentals for children. Golfers may purchase a box for \$5 each.

\$30 per adult/child pair

Course #9867

Details: Kelly Hedley, 748-1122

## Golf Lessons

These classes are designed for beginners who have minimal or no golf experience. Five, one-hour sessions will teach rules and golf skills. Written evaluations will be provided at the last session.

First Tee Golf Course, 6736 Hunting Creek Road

Tuesdays, 5:30-6:30 p.m.

June 1-June 29

\$30

Course #9514

Details: Bill Carlson, 748-1128



**Registration begins Monday, April 26, 2004.**  
**See page 31 for details.**

## College Intramural Sports

The sports listed below are designed for college students. They are recreational in nature. Please present a student ID when registering.  
Details: Kelly Hedley, 748-1122 or Hedleyk@chesterfield.gov

### Summer

#### Soccer

Join this fun, coed league designed for the recreational soccer player! T-shirts are included in the league fee. This outdoor league plays on a regular-size field.

Outdoor coed, seven-on-seven

Clover Hill Complex

\$20 per player

Thursday nights, June 17-July 29

Course #9864

#### Sand Volleyball

This new volleyball league is perfect for the summer months. Recreational coed volleyball plays two men and two women per team. Register with your friends to form a team, or register as an individual and teams will be formed.

Daniel Park at Iron Bridge

Coed quad four-on-four sand volleyball

\$20 per player

Wednesday nights,

June 23-Aug. 11

Course #9909

**Are you looking for a summer camp  
for your child with special needs?  
See page 28 for details.**

### Fall

#### Basketball

Parks and Recreation is accepting registrations for individuals who wish to play recreational adult indoor basketball. Register with your friends to form a team or register as an individual and teams will be formed.

Five-on-five

Chester Middle School

\$33 per player (based on seven players per team)

Tuesday nights, Sept. 28-Nov. 16

Course #9865

#### Softball

Do you like to play softball? Recreational softball teams are now forming!

Coed softball play, five men and five women,  
ASA rules, doubleheaders

Daniel Park at Iron Bridge

\$22 per player (based on 15 players per team)

Wednesday nights, Sept. 1-Oct. 13

Course #9862

#### Volleyball

Men and women are invited to join this action-packed, recreational league featuring 10 players on a team, playing six-on-six. The league offers coed, men's and women's teams.

Manchester Middle School

\$24 per player (based on

10 players per team)

Sept. 27-Nov. 15

Coed, Wednesday nights

Course #6746

Men, Monday nights

Course #9910

Women, Wednesday nights

Course #9868



PHOTO BY PAGE DOWDY

**Come explore this exciting new venue in Chesterfield County!**

**Summer Session for  
Indoor Soccer begins  
the week of May 24.**

**Register now for a 10-week session  
for only \$645 per team.**



**Recreational and  
competitive leagues,  
including co-ed, available  
for ages 6-adult.**

**Call 744-4600 or visit the Web at [www.RISEIndoor.com](http://www.RISEIndoor.com)**

for details about summer soccer and baseball camps, lacrosse and field hockey leagues,  
birthday parties, corporate events, team building and more.

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